Curriculum Vitae

Date: December 2022

Dr. med. dent. Christoph Moschik, M.S.

Short Bio

Dr. Christoph Moschik did his dental training at the Medical University of Graz (Austria) and his 3-year specialty orthodontic training at the University of California, Los Angeles (UCLA) under supervision of Dr. Won Moon. Dr. Moschik graduated from UCLA in 2018 and is an diplomate of the American Board of Orthodontics and Affiliate member of the Edward H. Angle Society, Southern California. During his training his focus was on MSE treatment and he researched about its effects on the maxilla, nasal cavity and breathing functions. Additionally, he is trained in Buteyko breathing and has a special interest in orthodontic-myofunctional therapy concepts for early treatment and facial development in children.
He currently lives in Munich, Germany and works full time in his own private practice “relax & smile®”.

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Education and postgraduate training

2015-2018	Certificate in Orthodontics – University of California, Los Angeles (UCLA)
2015-2018	MS. Oral Biology – University of California, Los Angeles (UCLA)
2006-2014	Title of “Dr.med.dent.” at Medical University Graz

Faculty Appointments

2014 – 2015	Faculty of the orthodontic department of the Medical University of Graz

Special Certifications

2022 – pres.	Mykie certified: Advanced interdisciplinary myofunctional and orthodontic training.
2022	Certified in Buteyko breathing method.
2020 – 2022	NLP-Practitioner, Master and Communication-Trainer certification, CTA-Akademie
2020 – 2022	Expert in passive orthodontics
2021 – pres.	Affiliate member of the Edward Angle Society, Southern California Component
2018	Diplomate of the American Board Orthodontics – ABO Certified Orthodontist.
2015 – pres.	Certified in: Invisalign, Spark, MSE - specialized, McLaughlin Philosophy, TADs, Speed,

Licensure

2018	Dental Licensure – Germany
2018	Dental Licensure - Switzerland
2014	Dental Licensure - Austria

Professional experience

2021-pres.	Office owner at relax & smile – Myofunctional & Breathing therapy (Munich, Germany)
2020-pres.	Office owner and orthodontist at relax & smile – orthodontics (Munich, Germany)
2018-2020	Orthodontic practice of Dr. Fiona Adler (Germany)
2014-2015	General Dental Office of Prof. Dr. Gernot Wimmer & Dr. Farahani-Wimmer (Austria)

Memberships in Honorary Societies

2022-Pres.	Fellow of the Pierre Fauchard Academy
2021-Pres.	Edward H. Angle Society of Orthodontists, Southern California Component. Affiliate member.
2020-Pres.	Boardmember of KFO-IG (orthodontic society)
2018-Pres.	American Board of Orthodontics (ABO).

Memberships in Professional and Scientific Societies

2018-Pres.	American Association of Orthodontics (AAO). Active member.
2018-Pres.	German Orthodontic Society Member (DGKFO)
2018-Pres.	BLZK and KZVB (local dental societies)

Seminars and courses taught

"AI – Thoughts on the future of orthodontics" at Ormco Dinner and Learn meeting, July 2022

"Developing a digital clinic". In-office course with Invisalign to teach doctors how to implement 3D-Scan and 3D-printing in their clinic. Munich, 2022

"MSE – expanding the scope of orthodontic treatment." Online-lecture at EODO with Dr. Mahony, Sydney, Australia, 2021

"Complex orthodontic case treatments" with Dr. Derek Mahony for ORMCO, San Francisco, USA, 2018

"Wire bending basic skill sets" with Dr. Derek Mahony for ORMCO, Los Angeles, USA, 2017

Teaching responsibilities

2017-2018	Orthodontic classes for dental students (at UCLA)
2014-2015	Orthodontic classes for dental students (Medical University, Graz)

Research publications

1. Cantarella D, Dominguez-Mompell R, Mallya SM, Moschik C, Pan HC, Miller J, et al. Changes in the midpalatal and pterygopalatine sutures induced by micro-implant-supported skeletal expander, analyzed with a novel 3D method based on CBCT imaging. Prog Orthod. 2017;18:34.

2. Cantarella D, Karanxha L, Zanata P, Moschik C, Torres A, Savio G, et al. Digital Planning and Manufacturing of Maxillary Skeletal Expander for Patients with Thin Palatal Bone. Medical Devices Auckl N Z. 2021;14:299–311.

3. Moschik C. Influence of Myofunctional Therapy on Upper Intercanine Distance. J Dent Oral Disord Ther. 2015;3:01–7.

4. Cantarella D, Dominguez-Mompell R, Moschik C, Mallya SM, Pan HC, Alkahtani MR, et al. Midfacial changes in the coronal plane induced by microimplant-supported skeletal expander, studied with cone-beam computed tomography images. Am J Orthod Dentofac. 2018;154:337–45.

5. Brunetto DP, Moschik CE, Dominguez-Mompell R, Jaria E, Sant'Anna EF, Moon W. Mini-implant assisted rapid palatal expansion (MARPE) effects on adult obstructive sleep apnea (OSA) and quality of life: a multi-center prospective controlled trial. Prog Orthod. 2022;23:3.

6. Moschik EC, Mercado C, Yoshino T, Matsuura K, Watanabe K. Usage and Attitudes of Physicians in Japan Concerning Traditional Japanese Medicine (Kampo Medicine): A Descriptive Evaluation of a Representative Questionnaire-Based Survey. Evidence-based Complementary Altern Medicine Ecam. 2012;2012:139818.

7. Cantarella D, Dominguez-Mompell R, Moschik C, Sfogliano L, Elkenawy I, Pan HC, et al. Zygomaticomaxillary modifications in the horizontal plane induced by micro-implant-supported skeletal expander, analyzed with CBCT images. Prog Orthod. 2018;19:41.

Poster presentations

2018 German Association of Orthodontics Annual Session (Bremen, Germany)

2018 American Association of Orthodontics Annual Session (Washington DC, USA).

2018 Research Day 2018, University of California, Los Angeles (Los Angeles, USA).

2017 Research Day 2018, University of California, Los Angeles (Los Angeles, USA).

Internships and Externships

2013 Myofunctional Clinic of Sandra Coulson, Denver, USA

2011 Orthodontic office of Dr. Miho Imamura, Kofu, Japan

2010 Orthodontic office "e-line" of Dr. Takemoto, Tokyo, Japan

2010 Keio-University, Department for traditional Japanese medicine, Tokyo, Japan

2010 General Dental Office of Dr. Denise Riemer, Lemoore, California, USA

2009 Orthodontic office and EODO dental courses with Dr. Derek Mahony, Sydney, Australia

Additional expertise

Languages: English, German

Computer Software & New Technology

- Windows
- Apple-Mac
- Keynote, Microsoft Office
- ITK-Snap, Onyxceph, BlueSkyBio

- 3D-printing, 3D-scanning, CAD-CAM Design
- Aligner planning